Aspirin interferes with your blood’s clotting action. ... Then, a blood clot can quickly form and block the artery. This prevents blood flow to the heart and causes a heart attack. Aspirin therapy reduces the clumping action of platelets — possibly preventing a heart attack.

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During a heart attack small cells in the blood called platelets become activated and stick together to form a blood clot. ... Aspirin works by blocking a molecule called cyclooxygenase-1 (COX-1) in platelets, preventing them from becoming activated.

Taking an Aspirin a Day to Prevent a Heart Attack or Stroke May Be ...
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Painkiller undermines aspirin's anti-clotting action -- ScienceDaily
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